



Tenaméa

Our Starters

Brocciu ravioli with mint and asparagus	18 €
Fish crudo with agro-dolce artichoke and Bottarga tarama with tzatziki	22 €
Eggplant caviar and falafel style with stracciatella, confit San Marzano cherry tomatoes, and basil oil	19 €
Octopus salad with blood orange supremes and black garlic vinaigrette	21 €

Our Meats

Beef fillet with chanterelles, foie gras sauce, and summer truffle mashed potatoes	37 €
Veal Wellington in puff pastry	35 €
Slow-cooked lamb shoulder with Pietra, Ligurian olive polenta	30 €

Our Fish

Sea bream fillet with Mediterranean vierge, crushed potatoes, and eggplant caponata	35 €
Sicilian-style calamari fricassée with combava zest	28 €
Grilled langoustines with Asian flavors	35 €

Our Pasta

Linguine with mussels and clams, langoustine bisque	29 €
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Open every evening from Monday to Saturday starting at 7:30 PM
Reservations at +33(0) 495 500 394

All prices include taxes and service - Our meats are certified origins France/EU/UK